Vitamin B12 10µg







Putting the Spring in Your Step

Designed to support everyday energy and vitality, this formula provides an impressive 400% of your daily Vitamin B12 requirement. Vitamin B12 is associated with a wide range of health benefits, supporting everything from immunity and psychological function to nerve function and the formation of red blood cells. But the main role of Vitamin B12 in the body is to support energy metabolism (the conversion of food into energy) and to help reduce feelings of tiredness. This high level of energy support is ideal for those with busy lifestyles, but it is also extra important for vegetarians and vegans since the main sources of Vitamin B12 are from animal products (meat, fish and dairy).

Nutritional Information

Serving Size: 1 Tablet				
	Amount per Serving	%NRV*		
Vitamin B12	10µg	400%		
* Nutrient Reference Value				

Product Codes

P Code	Quantity	Inner EAN	Outer EAN
P2547	90 Tablets	5050028257578	5050028258216

Case/Pallet Quantities

UNITS PER CASE	UNITS PER LAYER	CASES PER LAYER	UNITS PER PALLET	LAYERS PER PALLET
8	320	40	2,880	9



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